



CONNECT, CREATE, CONTRIBUTE

#OAM19

Older Americans Month: Volunteers Needed!

We are looking for volunteers to support various programs!

Please call:

Area 3 Senior Services Agency (208)898-9433

or fill out a brief interest form

<https://www.a3ssa.com/volunteer/>

Every May, the Administration for Community Living leads our nation's observance of Older Americans Month. The 2019 theme, **Connect, Create, Contribute**, encourages older adults and their communities to:

- **Connect** with friends, family, and services that support participation.
- **Create** by engaging in activities that promote learning, health, and personal enrichment.
- **Contribute** time, talent, and life experience to benefit others.

Communities that encourage the contributions of older adults are stronger! By engaging and supporting all community members, we recognize that older adults play a key role in the vitality of our neighborhoods, networks, and lives.

