

BAKING Project – Baking 2

Member Name _____

Level (circle one): Junior (8-10) Intermediate (11-13) Senior (14-18) Years in Project _____

Date of Birth _____ Age (as of January 1) _____ * Year _____

4-H Club _____

* Please use a new check list each year.

Revised: 01/30/2017

✓	State and Owyhee County Requirements	Date Completed	Leader Initials
	Enroll at Idaho.4honline.com and pay enrollment fee to your leader before March 1; read and sign the Code of Conduct.	_/_/_/___	
	Give an oral presentation related to this project. This can be done on the club or county level. Check with your leader – this may be required by your club to be on the county level. Helpful information about giving an oral presentation is on our website.	_/_/_/___	
	Attend an acceptable safety and ethical practices activity. All youth are REQUIRED to complete an Ethics activity each year .	_/_/_/___	
	Participate in your club’s Community Service Project in Owyhee County.	_/_/_/___	
	Complete a 4-H Involvement Report (just one combined report for ALL projects) and include with your Project Record Book. You may start a new report or add to your report from previous years. A cumulative Involvement Report can be a useful tool in applying for jobs, scholarships and college.	_/_/_/___	
	Complete a 4-H Project Record Book. Form available online at owyheecounty.net/extension or at the Extension Office. Information regarding what to include in your Record Book is also on our web site.	_/_/_/___	
	Complete this Project Check List and include it in your Record Book. It must be signed by Member, Parent, and Leader.	_/_/_/___	
	Sign up for a time (sign-ups are open June 15-July 15) and bring your completed Record Book to Interview Evaluation Day. It must be signed by Member, Parent, and Leader.	_/_/_/___	
	Display a non-perishable dessert you have learned about by taking this project. Include the recipe, neatly written or typed on a 3” x 5” or a 4” X 6” recipe card, OR Prepare a poster or display (14” x 22”) illustrating something you learned in this project this year. NOTE: Exhibits using raw eggs or egg whites, cream cheese, whipped cream or other ingredients that should be refrigerated should not be used.	_/_/_/___	
	Submit your entries for the Owyhee County Fair (entries open June 15 and close July 15). This is REQUIRED for you to participate at the Owyhee County Fair.	_/_/_/___	
	Complete seven activities for your project:		
	ACTIVITY OR RECIPE COMPLETED		
	Explore MyPlate	_/_/_/___	
	Review the 10 nutrition tips for enjoying your food, but eating less.	_/_/_/___	
	Review the 10 nutrition tips for choosing whole-grain foods.	_/_/_/___	
	Learn “Measuring Butter” equivalents.	_/_/_/___	
	Learn the four standard measuring cups.	_/_/_/___	
	Learn the four standard measuring spoons.	_/_/_/___	
	Bake 3 different flavored breads.	_/_/_/___	
	Learn and practice judging breads.	_/_/_/___	
	Bake 3 different flavors of coffeecake.	_/_/_/___	
	Learn how to properly store bread.	_/_/_/___	
	Learn and practice judging coffeecakes.	_/_/_/___	
	Bake 3 different flavors of bar desserts.	_/_/_/___	
	Learn and practice judging bar desserts.	_/_/_/___	
	Complete the “Word Search” activity (page 39)	_/_/_/___	
	Complete the “Crossword” activity (page 40)	_/_/_/___	

	ACTIVITY OR RECIPE COMPLETED	Notes		
	Learn 5 different fats used in baking and when its best to use each of them.		___/___/___	
	Learn the two common leavening agents, the difference between them and when to use them. Share your findings with your leader or helper.		___/___/___	
	Additional activities...		___/___/___	
			___/___/___	
			___/___/___	

I declare that the information in this book is correct and all 4-H requirements have been completed, to the best of my knowledge.

Member's Signature _____

Leader's Signature _____

Parent's Signature _____